



WOODEND NEIGHBOURHOOD HOUSE

TERM 4 COURSES & ACTIVITIES



Welcome to our Term 4 Brochure, 4 October – 17 December 2021

Spring is finally upon us, which brings sunshine and hopefully warmer days, the perfect time to explore a new skill or interest and make some new friends. This term we are offering a wide range of free social activities, exciting courses, and workshops – there is something for everyone. If you're new to Woodend, come and say hello at the House we'd love to welcome you in person.

Our reception is open from 9-3pm Mon through to Thursday, and 9-12 on Friday's. We have several rooms available for hire as well as a volunteer available Mon, Wed and Friday's between 9-1 to help you with any IT help or support you may require. Visit us any time www.woodendnh.org.au or call 5427 1845.

Social Programs

Woodend Walkers

Known affectionately as the "talkers who walk". On Tuesday mornings two groups walk at two paces – medium and leisurely. Concludes with coffee at a local café. Meet at the House at 9am.



Social Craft Group

Are you working on a craft project alone? Why not pop along to our Social Craft group and enjoy the company of like-minded people to talk and share with. Drop-in class. Wed 10 – 12am Gold coin donation appreciated.

Cycling Group

Mondays and Thursdays 9am Two groups ride at two paces 'Tour de Woodend' for riders who are fit Please call to book in.

Mahjong Group

Fancy a game of mahjong or want to learn how to play. Group meets Tuesdays at 10am, Gold coin donation appreciated.



Woodend Community Bags

Drop in and join us in making the Woodend Community Bags. No skills required. Thursdays 9.30am – 12pm Bags are also available to purchase from the house for \$5.



Community Lunch

Our Community Lunches are back. Come and enjoy a nice bowl of home-made soup and a sweet. Everyone is welcome and we welcome your support. The lunches support community connections. 2nd Friday of each month, Dates for Term 4- 8 October 12 Nov 10 Dec 12.00pm at the Woodend RSL \$5.00 if it's affordable or \$10 if you want to pay it forward. Bookings essential.

FREE Child Car Restraint fittings & Safety Checks

Thursday 28 October 10am – 2pm To book:

Safe Seats Safe Kids

IS YOUR CHILD TRAVELLING SAFELY?

FREE CHILD CAR RESTRAINT FITTINGS & SAFETY CHECKS

▶ Woodend Neighbourhood House, 47 Forest Street on Thursday 28 October, 2021 between 10am - 2pm To book go to www.safesatssafekids.com.au

find out more at safesatssafekids.com.au





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Classes & Workshops

Yoga

Relax, recharge and renew with yoga for all abilities.

Mondays 9.30-11am (11 Weeks)

4 October – 13 December

\$220 / \$200

Wednesdays 9.30-11pm (11 Weeks)

Wednesdays 7.30-9.00pm (11 Weeks)

6 October – 15 December

\$220 / \$200 conc

The Art of Images

Learn together with Michael Berry the action of embracing visual and verbal freedom artistically and the correlation between visual and verbal image-making specifically in the art practice, and more generally on one's life.

Tues 13 October – 15 December (10 Weeks)

10 - 12am

\$200 for the term

French

Parlez-vous français? Come along and learn with Valérie.

Beginners Classes 10am – 11am

Intermediate Classes (min 2 yrs French) 11.15am –

12.15pm

Conversational classes 1pm – 2pm

Wednesdays 13 October – 15 December

Tatting

Belinda shares the art of tatting - a form of lace making using knots and loops. Beginners welcome - ball of cotton and tatting shuttle free for new students.

Fridays 15 October – 17 December (10 Weeks)

1pm – 2pm \$25 a week (casual).



Permaculture

Interested in growing your own vegies and learning the best way to establish your sustainable garden?

October 15 – 26 November (7wks)

\$80 per term (\$70 concession)



Christmas Wreath Making Workshop

Join us in making your own festive wreath and decorate to your liking in time for this holiday season.

Saturday 20th November 1pm – 3pm

\$100 (everything included)

Bookings essential.



First Aid

Provide First Aid HLTAID003/

Provide Cardio-Pulmonary Resuscitation HLTAID001 – 6 November

One day practical course. 9am - 3.30pm

Minimum age 14.

\$135 for Provide First Aid or \$95 for CPR part only.

HLTAID009 (CPR): <https://enrolments.its.edu.au/?p=11220>

HLTAID011 (Level2 full first

aid): <https://enrolments.its.edu.au/?p=11304>

The Musical Body

These One-day workshops explore creative singing, rhythm, spoken word, imagination, body, breath, movement, music, sound, and the voice as an instrument.

6 November 10am – 5pm

4 December 10am – 5pm

\$100 for the day





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Classes & Workshops continued:

Ecology and Identification of Ants of the Macedon Ranges

Welcome to the first of a series of C.V.R.I.C (Central Victorian Regional Insect Collection) courses covering various subjects dealing with the entomology of the Central Victorian region.

This particular course will introduce you to the ants of the region and offers an overview of their ecology, behaviour and species diversity.

At the end of this course, participants will be able to identify ants to the Sub-Family Level and have a greater understanding of the ants to be found throughout the region.

Course Age Suitability: 16 years and over.

Course Fees: \$245

Course Handbook/Materials Included.

Course Dates: (Every Friday) Commencing 8th-15-22-29- October and 5th-12 November 2021.

Times: 7:30-10:00pm.

Bookings essential. Strictly limited numbers.

For further information check out our new website www.cvric.com.au



Christmas Reverse Advent Calenders

Once again Woodend Neighbourhood house are asking for community to participate in a Reverse Advent Calender.

Families/individuals can support us in providing families/individuals across Australia the opportunity to experience the joy of generosity by all of the families/individuals who will be blessed through receiving a box filled with food and toiletries this Christmas.

Boxes will be available from the house mid-November, for a cost of \$1.

We then ask you to add 1 item a day to the box throughout December, list of ideas and suggestions and more information will be available closer to the date.

Boxes will need to be returned to the house by Friday 19th December.





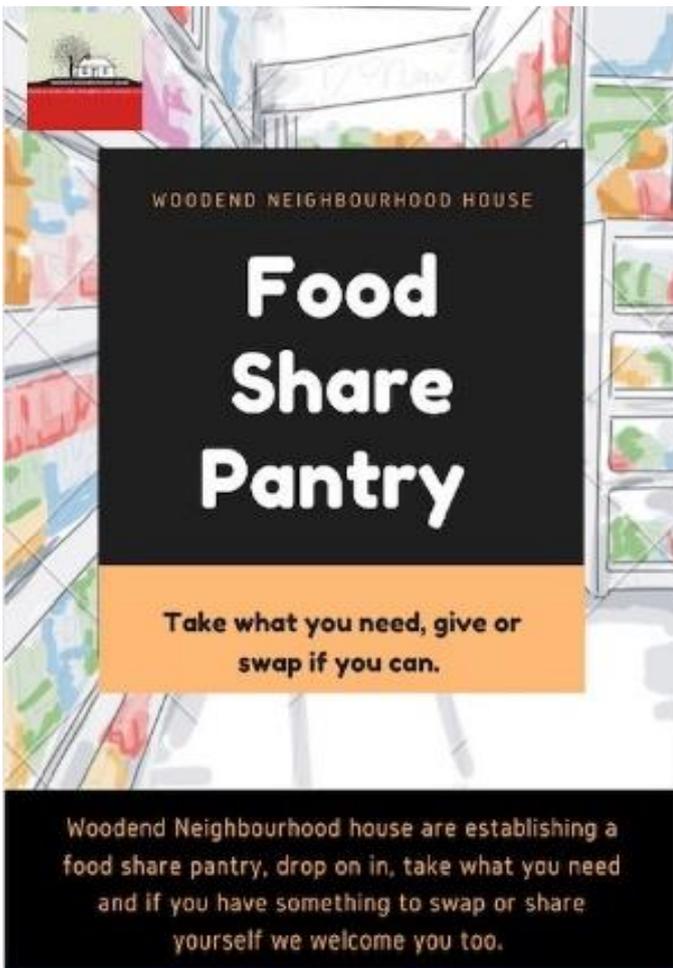
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Woodend Neighbourhood house provides other Services, which include,

- Food parcels and small individual sized frozen meals for anyone whom maybe facing hardship or struggling.
- Printing, A4 & A3 printing services
- Support with filling out forms
- Applying for subsidise or No interest loans * Conditions apply
- Computer usage.
- Room hire- both for commercial and community use.
- A friendly volunteer who can help with your technology challenges (available Mon, Wed and Fri 10am – 1pm)

For more information or to make a booking, call 5427 1845 or email reception@woodendnh.org.au



Woodend Repair Café

Woodend Repair Café launched in September 2018 with the aim of reducing the number of items thrown away in our community by helping each other repair them ♻️ Repair Cafés are all about reminding people that so many things can be as good as new with a little bit of know-how.

Woodend Repair Café is open every Farmer's Market Day (first Saturday of the month) and operates out of the Undercroft at the Woodend Neighbourhood House (access via gates by skate park)

To learn more, request a repair, or sign up to be one of our fantastic fix-it volunteers head to bit.ly/WNHRRepairCafe or give us a buzz on 5427 1845

