



WOODEND NEIGHBOURHOOD HOUSE

# TERM 2 COURSES & ACTIVITIES



## Welcome to our brochure for 23 Apr - 28 Jun 2019

If you're new to Woodend, welcome. We provide activities and courses for adults and children along with room hire and office services. If you need printing (A4 or A3 in colour or black and white), photocopying, scanning or laminating, email us your job or drop in. We also offer form filling assistance, onsite laptop computers and free Wifi. Our reception is open Monday to Thursday 9am - 3pm and Friday 9am - 1pm.

We have a great variety of courses and activities on offer for term two. Visit us anytime at [www.woodendnh.org.au](http://www.woodendnh.org.au) to book in and pay online, or call us on 5427 1845. You can also sign up for our newsletter, follow us on Instagram and Facebook for the latest House news.

### 2019 MEMBERSHIP

Become a member of the House for just \$10 a year (\$20 for a family) and enjoy free activities. Memberships run from Jan to Dec and offer great value for money.

### WOODEND REPAIR CAFE

Join us on Farmers' Market Days in the undercroft (access via gates by skate park) and learn how to repair your household items including: tools, bikes, teddies, clothing, mech/elec items and furniture.

**Saturday 4 May & 1 Jun 10am - 1pm**  
Repairs by donation. Volunteers welcome.

### COMMUNITY LUNCHES

We took a break, but the good news is we're back! Come and join us to connect with the Woodend community and enjoy a delicious two course meal. Lunches are held at the RSL, 32 Anslow St. Call 5427 1845 to book your spot.

**Thursday 4 Apr & 23 May at 12pm \$5**

### LITERACY ONE BY ONE

Do you know an adult who needs help with their reading or spelling? Please let them know we now have FREE one-to-one literacy classes. More info at [www.litonebyone.org.au](http://www.litonebyone.org.au) or call Jackie on 0405 318 795

### TO TURN A PAGE

If you would like to connect with others through the joy of reading come along to one of our Words for Wellbeing sessions. Shared reading assists with emotional and psychological challenges, social isolation, dementia and enriches quality of life. **Mondays 10am - 11.30am**

### HELP! I'M STUCK

Patrick is on hand to help with your technology challenges. Mon and Fri pm by appointment. Donations appreciated.

### FREE ACTIVITIES FOR MEMBERS

#### FREE CRAFT GROUP

Come along and work on your own project in great company. **Wed 10am - 12pm**

#### FREE COMMUNITY GARDEN

Help out in the community permaculture garden. Contact Sara on 0408 578 032 or [permaculture@mrsg.org.au](mailto:permaculture@mrsg.org.au)  
**Fridays 10 - 11.30am all year round**



#### FREE CYCLING GROUP

Mondays 10am 'Tour de Woodend' for riders of all abilities. Rides leave from the Neighbourhood House.

#### FREE DIGITAL CAMERA WORKSHOPS

Join keen amateur photographer Hubert to get to know your digital camera and make the most of its functionality.  
**Thursdays 2 May & 6 Jun 7.30 - 9.30pm**

#### FREE NEWHAM WALKERS

Walk leaves from Newham Hall at 9am Tuesdays. Dogs on leads welcome. Please contact Fran Spain on 5427 0661 to join this group.

#### FREE WOODEND COMMUNITY BAGS

Drop in and help make the Woodend Community Bags. No skills required.  
**Thursdays 9am - 2pm**

#### FREE WOODEND WALKERS

Talkers who Walk, medium-paced and leisurely, concludes with coffee at a local café.  
**Tues mornings. Meet at the House at 10am**

### NEED THIS FOR WORK?

#### FIRST AID

HLTAID003 Provide First Aid/HLTAID001 Provide Cardio-Pulmonary Resuscitation  
1 day practical course with online work.  
**Saturday 4 May, 10 Aug, 19 Oct, 30 Nov**  
9am - 3.30pm (Minimum age 14)  
\$130 Provide First Aid or \$75 CPR only

#### FOOD HANDLING CERTIFICATE

One day practical accredited course  
**Saturday 18 May**  
10am - 2pm (Min age 16) \$50



#### RESPONSIBLE SERVICE OF ALCOHOL

VCGLR accredited course (Min age 18)  
**Friday 14 Jun 10.30am - 2.30pm \$80**

### ADULT COURSES A - Z

#### NEW CROCHET

Is there something you want to crochet? Whether you are a beginner or want to learn more, experienced tutor Lyn will help you complete your project.  
**Wed 1 May to 19 Jun 1 - 2.30pm**  
\$160 per term (8 weeks) \$25 casual



## NEW EATING FOR HEALTH

Join Margaret to debunk the myths around diet and healthy eating and to make your relationship with food a happy one. Packed full of delicious food ideas & sound advice.

Fri 10 May to 24 May 2 - 4pm  
\$60 for 3 sessions

## NEW HEALING MEDITATION

Do you need a space to recharge and reset? Come and join Monica to experience the power of traditional sanskrit meditation. Ancient mantras are used to assist students in cleansing and uplifting their inner self.

Mon 29 Apr to 24 Jun 11 - 11.45am  
\$12 per class (\$10 conc) No class 10 Jun



## NEW PRENATAL, MUMS & BUBS YOGA

Yoga tailored for pregnant women and new mothers (pre-crawling babies are welcome). Classes suit all levels of fitness and experience, including beginners to Yoga and caters to individual needs.

Thurs 29 Apr to 27 Jun 11.15 - 12.30pm  
5 class pass \$90 (\$75 conc)  
10 class pass \$175 (\$145 conc)  
Pass valid at any class. Casual \$20 (\$15 conc)



## BOTANICAL ILLUSTRATION

Learn how to paint botanically accurate and realistic pictures of plants using watercolours, with Kate Nolan. Beginners welcome.

Tue 14 May to 18 Jun 10.15am - 12.15pm  
\$220 per term (5 wks, no class 11 Jun)

## CREATIVE WRITING

Local author, Myron Lysenko teaches the essentials of creative writing and how to get started in a friendly and supportive atmosphere. All levels of experience welcome. No class 10 June

Mon 29 Apr to 24 Jun 7 - 9pm (8 wks)  
\$130 (\$110 conc) or \$20 casual (\$15 conc)

## FRENCH

Parlez-vous français? Learn with Valérie. Beginners 10 - 11am  
Intermediate (2yr min) 11.15am - 12.15pm  
Thurs 2 May to 22 Jun  
\$200 per term (9 wks) or \$30 casual

## SPANISH CONVERSATION

Are you travelling overseas? Want to dust off your Español? Join Valérie to gain confidence and fluency.

Thurs 2 May to 22 Jun 12.30 - 1.30pm  
\$200 per term (9 wks) or \$30 casual



## GERMAN

Alle Wege führen nach Berlin... Learn German with Magda! All levels

Wed 24 Apr to 26 Jun  
Beginners (part 2) 9.30 - 11.30am \$350  
Pre-Intermediate 11.40am - 1.10pm \$262.50  
NEW Beginners class 4.30 - 6.30pm \$350

## MACHINE SEWING

Expert tutor Sue Hill will guide beginners and intermediate sewers to master their machine and create gorgeous garments.

Wed 1 May to 26 Jun (9 wks)  
Afternoon 12.30 - 3pm \$225 per term  
Evening 7 - 9pm \$180 per term



## MAHJONG

Mahjong is a game of skill, strategy, calculation and chance; played with tiles based on Chinese characters and symbols. All welcome.

Wednesdays 10am - 12pm \$3 per session

## PERMACULTURE

Interested in growing your own veggies and learning the best way to establish your sustainable garden?

Fridays 10 May to 21 Jun 10am - 2pm  
\$80 per term (\$70 conc) 7 wks

## POTTERY - HAND BUILDING

Explore using clay to create a variety of unique hand-built items, with Ceramic Artist Andrew Bloxome.

Wed 1 May to 5 Jun 7 - 9pm  
\$155 (incl \$20 materials) 6 wks



## POTTERY USING A WHEEL

Learn how to create a number of pieces using a pottery wheel, with Ceramic Artist Andrew Bloxome. Two students per class.

Mon 29 Apr to 20 May 7 - 9pm  
Tue 30 Apr to 21 May 7 - 9pm  
Sat 14 May to 25 May 5 - 7pm  
\$180 (incl \$20 materials) 4 wks  
Classes held at Tutor's Studio in Kyneton

## TATTING

Belinda shares the art of tatting, a form of lace making using knots and loops. Beginners welcome - ball of cotton and tatting shuttle free for new students.

Fri 26 Apr to 28 Jun 11am - 12pm  
\$150 per term (10 wks) \$25 casual

## YOGA

Relax, recharge and renew with Yoga! Yoga runs all term 29 Apr to 27 Jun

Mon & Thurs 9.30 - 11am Wed 7.30 - 9pm  
5 class pass \$90 (\$75 conc)  
10 class pass \$175 (\$145 conc)  
Pass valid at any class. Casual \$20 (\$15 conc)



## CHILDREN'S ACTIVITIES

### CHILDREN'S POTTERY

Children create a number of sculptural ceramic pieces with Ceramic Artist, Andrew Bloxome. Suitable for 7yr+

Thurs 2 Apr to 6 Jun 4 - 5pm  
\$100 per term (6 wks) incl \$20 materials

### CHILDREN'S SEWING

Learn the basics and build your skills with experienced seamstress Sue Hill. Suitable for 9yr+

Wed 1 May to 26 Jun 4 - 5.30pm  
\$170 per term (9 wks)

## ONE DAY CLASSES/WORKSHOPS

### GERMAN COOKING

The known and the unknown delights of German cuisine. Learn to cook every day meals and regional specialties with our German tutor Magda. Stay and share lunch after the class.

Saturday 25 May 10am - 1pm \$70

Visit [www.woodendnh.org.au](http://www.woodendnh.org.au)  
for outings and events.

