



TERM 4

6 OCTOBER – 19 DECEMBER 2025

47 Forest Street, Woodend

woodendnh.org.au

reception@woodendnh.org.au

5427 1845



NEW

NEW FOR TERM 4

NEW

SANTA PAWS PET PORTRAITS

\$20

Bring your pet down to the Neighbourhood House for a photo with Santa. Bookings required. Contact the House for more details.

JUST FOR CARERS: MOSAIC COASTER

FREE

Carers are invited to unleash their creativity and craft beautiful coasters in a relaxing environment!

Thurs 16 Oct 2pm–3.30pm

JUST FOR CARERS: YOGA, TEA & CONNECTION

FREE

Carers are invited to sip tea, share stories, and learn some gentle yoga movements to help you relax.

Mon 17 Nov 11am – 12.30pm

REVERSE ADVENT CALENDAR APPEAL

Help support people living with food insecurity in our community this Christmas time. Contact the House to get involved.

COMMUNITY CONNECTIONS

GARDENING GROUP

FREE

Connect with others, enjoy the outdoors, and get your hands in the soil!

2nd & 4th Tues 10am–12noon

SOCIAL CRAFT GROUP

donation
welcome

Bring your project and enjoy a relaxed morning with creative company.

Wednesdays
in term time 10am – 12pm

WOODEND WALKERS

FREE

Meet at the house and walk at two paces. The session concludes with coffee at a local café.

Tuesdays 10am

CHATTY CAFE

donation
welcome

Pop in for a cuppa and chat at our regular get together.

Tue 23 Sept 10.30am–12pm
Tue 28 Oct 10.30am–12pm
Tue 25 Nov 10.30am–12pm

WOODEND SENIORS GROUP

\$10
per year
membership

Enjoy friendly gatherings in the Undercroft, plus regular day trips.

Tue: Button Bingo 1–3pm
Fri: Cards 1–4pm

NEWHAM WALKERS WITH DOGS

FREE

This group is full due to the number of dogs with regular walkers. If you'd like to lead a second group, please get in touch.

INTER- GENERATIONAL PLAYGROUP

FREE

Together with Woodend Playgroup, we're connecting seniors and preschoolers

Fri 3 Oct, Fri 7 Nov 9am–11am
Fri 5 Dec

REPAIR CAFE

donation
welcome

Our fix-it volunteers mend household items.

Sat 4 Oct 9am – 1pm
Sat 1 Nov 9am – 1pm
Sat 6 Dec 9am – 1pm

CYCLING GROUP

FREE

The 'Tour de Woodend' is for riders of all abilities. The group tries to avoid main roads where possible.

Mon & Thurs 10am

COMMUNITY LUNCH

\$10
donation

Join us at the Woodend RSL for a two-course lunch.

Tues 21 Oct 12noon
Tues 18 Nov 12noon
Tues 16 Dec 12noon

BIKE SHED

donation
welcome

Drop in to the Bike Shed for basic bike maintenance and skill sharing.

Fortnightly on
Thursdays 4–5.30pm

COMMUNITY BAGS

FREE

Come along and lend a hand with the Woodend Community Bags. Sewing skills optional!

Thursdays 9am–12pm

WELLBEING FOR BODY AND MIND

WEDNESDAY HATHA YOGA WITH CHITRA

\$180–
200
10 week term

Stretch and strengthen in this mat-based class.

Hatha 9.30am–11am
Hatha 7.30pm–9pm
Zoom Pick a session

SUNDAY YOGA WORKSHOP SERIES

\$20
per
session

Join Chitra for four special sessions deep diving into Hatha Yoga

Sun 9 Nov 10–11am &
11.30–12.30pm

YOGA FOR SENIORS & CHRONIC CONDITIONS

\$150
10 week term

A gentle, restorative class that can help boost energy and reduce pain

Wed 11.15am – 12.15pm

GENTLE YOGA, QI GONG & GUIDED MEDITATION

\$45
per
session

Join Yong for an extended session of qigong, yoga, cupping & meditation

Sun 28 Sept, 26 Oct, 30 Nov 1:30pm – 4pm

GENTLE HATHA YOGA WITH CHITRA

\$150
10 week term

Practice various Yoga techniques to build strength, flexibility, and overall wellbeing.

Wed 2pm – 3pm

WOODEND KIRTAN

\$15–20
donation

Enjoy meditative mantras, traditional music, and delicious vegetarian food.

Sun 21 Sept 5pm–8pm
Sat 15 Nov 6.30pm – 9.30pm

LET'S TALK YOGA

\$150
10 week term

Join Sarah for tea and shared stories as you explore the deeper layers of yoga beyond the mat.

Friday 10.30am–11.30am

TAI CHI & QIGONG

\$40
8-week
term

Join Anne for this traditional class that is designed to support health and wellbeing.

Thursday 9am – 10am

CHILDREN & YOUTH

BENDY BUDDIES YOGA

\$90
9 week course

Bendy Buddies Yoga is a joyful and playful yoga adventure designed for aged 2 – 5 years
Tuesdays 10am – 10.30am

CREATIVE YOGA

\$150
10 week course

This unique blend of yoga is fun and relaxing for students from Prep to Grade 6.
Wednesday 4pm – 5pm

WOODEND YOUTH SPACE

FREE

The Macedon Ranges Youth Team hosts this regular event for ages 12–17.
Tues 14 & 28 Oct 4pm–5.30pm
Tues 11 & 25 Nov
Tues 9 Dec

ART CLUB

\$208

Join Penelope and exploring all things art for children in Prep to Grade 4.
Tues or Wed 3.45pm–5pm

TABLETOP XMAS TREES

NEW \$10

Get creative with our volunteers at this fun festive workshop for children in Prep to Grade 6
Mon 1 Dec 4pm onwards

HOBBIES

BOARD GAME GATHERING

\$5
donation per session

Enjoy a board game? Why not join the Woodend Board Game Gathering? All welcome.

28 Sept, 26 Oct 23 Nov 2–5pm

DUNGEONS & DRAGONS

\$5
donation per session

This group plays Dungeons and Dragons monthly at the House. New players welcome

28 Sept, 26 Oct 23 Nov 12–4pm

MAHJONG

\$45
9 week term

Mahjong is a game of skill, strategy and calculation and involves a degree of chance.

7 Oct – 9 Dec 12.30–3pm

PUZZLES & CHAT

donation welcome

Relax, connect, and challenge your mind with puzzles and friendly conversation

2 Oct, 6 Nov 4 Dec 1pm – 3pm

SUPPORT & SERVICES

OFFICE SERVICES

varies

Our office services include printing, photocopying, scanning and laminating. We also offer free Wi-Fi for your convenience.

IT HELP SESSIONS

FREE

Make an appointment for help completing forms online or navigating your device.

Fridays 10am – 2pm

WOODEND FOOD BANK

FREE

Everyone is welcome to access food and household items. Find us in the Undercroft.

Mon & Thurs 12.30–2.30pm

AA MEETINGS

Donation welcome

Going to an AA meeting is simple. You just turn up. There's no signing in and no appointment to make.

Fridays 7pm – 8pm

RECYCLING

FREE

Bring in bread tags, batteries, bottle tops, mobile phones or other small e-waste. Located outdoors

BOOK SWAP

FREE

Join the worldwide book sharing movement and find your next read. Both adult and children's books available.

OUR VILLAGE DROP-OFF POINT

FREE

Drop off point for Our Village (previously St Kilda Mums). Contact us for date of next pick up.

PARTY KIT HIRE

\$10

Reduce waste and save money with our reusable party kits, including plates, bowls, cutlery, cups and more. Bookings essential.

TRAINING FOR WORK OR VOLUNTEERING

PROVIDE FIRST AID

\$142

HLTAID011 help you prepare for first aid situations. Book through ITS Training www.its.vic.edu.au or 1300 585 866
Saturday 25 October, Thursday 4 December 9am–3.30pm

PROVIDE CPR

\$95

HLTAID009 is the annual CPR update for first aiders. Book through ITS Training www.its.vic.edu.au or 1300 585 866
Saturday 25 October, Thursday 4 December 9am–12.30pm

CREATIVE

WEST AFRICAN DRUM GROUP

\$135
–180

Experience the joy that comes from simple rhythms. BYO drum, or drum provided.

9 week term starts:
Thur 16 Oct 5pm–6pm

MRAG ART SESSIONS

\$5–\$10

Join Macedon Ranges Art Group for their regular art sessions. 1st & 3rd Friday. Members \$10, Non members \$15
To find out more, visit:
<https://macedonrangesartgroup.com/>

CONTINUING ACRYLICS

\$160

Ready to build on your acrylic painting skills? Marilyn will help you grow in confidence and creativity.
Starts Fri 17 Oct 1pm–3pm

CHRISTMAS BOTANICAL WREATH WORKSHOP

\$45
NEW

Join us for this fun, festive workshop and take home your very own masterpiece.
Sat 22 Nov 10.30am–12.30pm

CREATIVE CIRCLE WOODEND

NEW \$350

Join Penelope for this new creative group where art, design and craft come together.
Starts Tues 7 Oct 10am–12noon