



# Welcome to

# TERM 3

11 JULY - 16 SEPTEMBER 2022

## REPAIR CAFE

FREE

Enjoy a cuppa whilst our fantastic fix-it volunteers mend your household items including toys, furniture and wood items as well as hand sewing.



Sat 2 July 9am - 1pm  
Sat 6 Aug 9am - 1pm  
Sat 3 Sept 9am - 1pm

## SOCIAL CRAFT GROUP

FREE

Are you working on a craft project alone? Why not pop along to our Social Craft group and enjoy the company of like-minded people to talk and share with whilst you get creative.



Wednesdays 10am - 12pm

## COMMUNITY BAGS

FREE

Inspired by the Boomerang Bags initiative, the Community Bags team meet weekly. No previous sewing skills required - just come along and learn to sew, cut, pin, bundle, or iron, over a cuppa.



Thursdays 9.30am-12.30pm

## COMMUNITY LUNCH

Bookings Essential

Join us at the Woodend RSL for a delicious two-course lunch. Donations are welcome to help cover costs - \$5.00 if it's affordable, or \$10 if you would like to pay it forward.



Tuesday 26 July 12noon  
Tuesday 30 August 12noon

## BOARD GAME GATHERING

FREE

Enjoy a board game? Come along to the Undercroft on the last Sunday of each month and join our regular group of 'boarders'. New players always welcome!



Sunday 24 July 2pm - 5pm  
Sunday 28 Aug 2pm - 5pm  
Sunday 25 Sept 2pm - 5pm

## CHATTY CAFE

FREE

Pop in and enjoy a cuppa and good conversation at our regular get together with friends, old and new. The Chatty Café is a great way to meet new people!



Tuesday 12 July 10.30am  
Tuesday 9 Aug 10.30am  
Tuesday 13 Sept 10.30am

## WOODEND WALKERS

FREE

Known affectionally as the "talkers who walk", the Woodend Walkers meet at the house and walk at two paces - medium and leisurely. The session concludes with coffee at a local café.

Tuesdays 10am

## CYCLING GROUP

FREE

The 'Tour de Woodend' is for riders of all abilities - no cyclist is left behind! The group tends to avoid the main roads and depending upon who turns up on the day, may split into two, based upon ability!



Mon & Thurs 10am

## CHILD CAR RESTRAINT INSPECTIONS

Bookings Essential

FREE

Local parents and carers are invited to book in for a free child car restraint fitting or safety check, courtesy of Kidsafe Victoria. Bookings essential via the 'Safe Seats, Safe Kids' website.



Thurs 25 Aug 10am - 2pm

## BEE CREATIVE

\$42-\$60

Bee Creative is Woodend's after school club for creative minds! Come along to a six-week course and explore paper and fabric-based crafts.



Starts Wed 13 July:  
6-8 years 4pm-4.45pm  
9-12 years 5pm-6pm

## SPANNER IN THE WORKS

FREE

Spanner in the Works is a Youth Space for people aged 12-17 years. Come along and connect with other young people, local youth services and the greater community.

Wed 13 July 4pm-5.30pm  
Wed 27 July 4pm-5.30pm  
Wed 10 Aug 4pm-5.30pm  
Wed 24 Aug 4pm-5.30pm  
Wed 7 Sept 4pm-5.30pm

## ST KILDA MUMS DROP-OFF POINT

Did you know Woodend Neighbourhood House is a drop-off point for St Kilda Mums? They accept baby and children items in excellent, clean condition. Visit [www.stkildamums.org](http://www.stkildamums.org) or email [donate@stkildamums.org](mailto:donate@stkildamums.org) to see the list of items they can rehome.

## SMARTPHONE PHOTOGRAPHY

\$5

Make the most of your iPhone or android device and learn how to take amazing pictures with your smartphone camera. This two-session short course will help you take, tweak and share your photos.



Thur 21 & 28 July 3pm-5pm

## POWER SAVING BONUS

FREE

Eligible community members can apply for the State Government's \$250 Power Saving Bonus. Give us a call on 5427 1845 and we'll arrange a time for you to come in so we can help you complete your Power Saving Bonus application.

## CHAINSAW WORKSHOPS

FREE

Funded by DFFH, the chainsaw workshops are aimed at those recovering from storm damage who wish to learn how to safely use a chainsaw. Email us on [reception@woodendnh.org.au](mailto:reception@woodendnh.org.au) and an application form will be sent to you.

Multiple dates in July-Sept

## COMMUNITY PANTRY

FREE

The Community pantry is available in our garden, to the side of the house. Take what you need, share if you can. It's a great way of reducing waste whilst supporting the community. Staple food items and fresh produce are welcome.



## CERTIFICATE IN FOOD HANDLING

\$130

This one day certificate (SITXFSA001) is structured to meet the needs of people who have not previously completed food safety training or would like to update their knowledge. Delivered by Laurels Education & Training

Tue 16 Aug 9am - 3.30pm

## PROVIDE FIRST AID

\$140

Provide First Aid (HLTAID011) incorporates realistic classroom simulations to help you prepare for first aid situations.

Delivered by Intelligent Training Solutions



Fri 12 Aug 9am - 3.45pm

## PROVIDE CPR

\$95

Provide CPR First Aid (HLTAID009) is for those who would like comprehensive and compliant first aid CPR training or as an annual update to a first aid course.

Delivered by Intelligent Training Solutions

Fri 12 Aug 9am - 12.30pm

## RESPONSIBLE SERVICE OF ALCOHOL (RSA)

\$85

Provide Responsible Service of Alcohol (SITHFAB002) is delivered under the Victorian Commission for Gambling and Liquor Regulations (VCGLR) guidelines.

Delivered by Laurels Education & Training

Fri 29 Aug 5pm - 9.30pm

## STRETCH, RELAX & MEDITATE

\$40

Release tension from the mind through gentle movement, deep relaxation practice and guiding breathing exercises. Open to complete beginners and experienced meditators.

Two four-week courses:  
Tues 19Jul-9Aug 6:00-6:45pm  
Tues 16Aug-6Sep 6:00-6:45pm

## HATHA YOGA

\$162-180

Relax, recharge and renew with yoga for all abilities. Learn asana (postures), nidra (guided deep relaxation) and pranayama (breathing practices). Conc price available.

9-week courses start:  
Mon 18 July 9.30am  
Wed 20 July 9.30am  
Wed 20 July 7:30pm

## CHI FLOW

\$120

Chi Flow is a deeply relaxing combination of tai chi, qigong and yoga - a peaceful calming and therapeutic practice that gently tones and relaxes the body. This practice is for all ages.



6 week course starts:  
Thurs 21 July 10am - 11am

## PERMACULTURE & HORTICULTURE BASICS

\$90-\$120

Make the most of your garden with this valuable course! In partnership with Kyneton Community House, this 9-week course will run from the Woodend Neighbourhood House. Conc price available.



Starts:  
Wed 20 July 9am - 2pm

## WOODTURNING

\$340

Learn about the art of wood turning during this 8 session course (Tues and Thurs evenings in August). All consumables and tools supplied, lathes electronically speed controlled.

Starts:  
Tues 9 Aug 6pm - 9pm

## MACRAME WALL HANGING WORKSHOP

\$70

Discover how to make your own macrame wall hanger through basic knots. During the workshop you will create and design your very own macrame pieces.



Sun 28 Aug 1pm - 4pm

## DRAWING FOR BEGINNERS & INTERMEDIATE

\$80

Explore the tools and techniques of drawing on paper using pencils, charcoal and pens. Create a landscape and still life whilst learning about composition, tonal value, perspective and colour.

4-week course starts:  
Fri 22 Jul 1pm - 3pm

## ACRYLICS FOR BEGINNERS & INTERMEDIATE

\$80

Explore the use of acrylic paint on canvas. This course covers colour theory, composition and use of acrylic materials while painting a landscape and still life of your choice.



4-week course starts:  
Fri 26 Aug 1pm - 3.15pm